

# Argue A Lot?

***Learn to master the arts of listening and sharing***

This workshop will address:

- Effective verbal and non-verbal communication
- Conflict management
- Tuning in to your partner's needs
- Active listening
- Problem-solving

**Committed couples are welcomed to participate!**

**To apply, please email:  
[info@attachmentexperts.com](mailto:info@attachmentexperts.com)**

**Fee: \$20 per couple/session  
Or pay in full (\$90 for all 5 sessions)**

## **Dates & Times**

**April 7, 2016 – May 5, 2016  
Weekly on Thursday evenings  
6:00 - 8:00 PM**



**Evergreen  
Psychotherapy  
Center**

Attachment Treatment & Training Institute

Leaders in helping children, adults and families with trauma and attachment problems

**Evergreen Psychotherapy Center  
32065 Castle Court, Suite 325  
Evergreen, CO 80439**

**Please contact Kara Caraveo or Stephanie Stein at  
303-674-4029 ext. 300 with questions.**